

Sunday

16th February 2025

main stage workshops women's circles community hub youth craft the den

7AM

Tantrik Yoga
by Inner Om
With PJ

8:20AM

Low impact high
intensity Fitness
Session by Melton
Personal Training

8:20AM

Developing
Spiritual
Abundance
- Beyond the
Poverty Mentality
with the
Business Witch

8:20AM

Wayapa
Wuurk Earth
Connection
by Yoga and
Earth
Connection
with Georgina

8:20AM

Workshop
healing at home
by Ocean Grove
Chinese
Medicine

8:20AM

CHILLOUT
ZONE

9AM

Watercolors
Open
Expression

8:20AM

What is Consent
and how to feel
confident to say
"NO"
by Liz the
Radiance Couch

9:40AM

Chant with
Charlotte &
friends
by White Swan
Sound and Yoga

9:40AM

Healing Journey
through the
Chakras
by Fabiene Lui

9:40AM

Sacred
menstruation
by Awaken
Divine Feminine

9:40AM

Transform your
future and
graduate
successfully into
adulthood
by Sapling Minds

9:40AM

Morning
Serenity:
Guided
Relaxation
Meditation
by Soul Work Co

11AM

Working with
Spirit - Audience
Readings
by The Healing
Academy
Australia
Presenting.....
CONNIE ROSE,
Voice for Spirit

11AM

Past Life Journey
- Group Session
by Tea Leaf
Readings

11AM

Unlock
Transformative
Healing with
Flower Remedies
by Crystal
Aura Tarot

11AM

Rediscovering
Your Identity
Amid Life
Transitions
by Inspiring
Potential Life

11AM

Discover the
power and magic
of your
menstrual
cycle by Dragon
Fly Alchemy

10:30AM

Jewelry Making
by Our Gypsy
Collection

11:50AM

Alchemy
Crystal Sound
Bath by
Fiona Ross

12:20PM

Mietta
LIVE
PERFORMANCE

12:20PM

How to tune in
to your pussy
and why you
should!
by Liz the
Radiance Coach

12:20PM

Group Healing
of Mother Earth
and The Divine
Feminine
Cosmos by
Dragonfly
Alchemy

12:20PM

Introduction
into Healthy
Grieving
by Golden
Keys Healing

12:20PM

CHILLOUT
ZONE

Clay
Make Your own
RUNES

1:20PM

Mediumship
Demonstration
by Jordie Janes
Psychic Medium

1:40PM

Radical
Forgiveness
7 Step Process
by Kathy Lovie

1:40PM

Women's circle
- Connecting
with our hearts
by Wilderness
Within

1:40PM

Embrace Your
Full Expression
by Bonnie-Lea
Elizabeth

2:20PM

Amber
LIVE
PERFORMANCE

PROGRAM SUBJECT TO CHANGE

3PM: MAIN STAGE - Closing Ceremony with Diana Clarke



Sunday 16th February 2025

7AM MAIN STAGE - Tantrik Yoga by Inner Om With PJ

Tantrik Yoga is non-transcendentalist (but it can and does happen!). Tantrik Yoga's goal is embodied liberation, leading to total intimacy with the whole of reality. It allows us to embrace our whole human experience as there is no aspect of our nature that needs to be diminished.

BRING: Yoga mat, cushion

8:20AM MAIN STAGE - Low impact high intensity Fitness Session by Melton Personal Training

A short sharp yet effective low impact high intensity bodyweight fitness session 30 minutes maximum
BRING: yoga mat/gym mat, water and a towel

8:20AM WORKSHOPS - Developing Spiritual Abundance - Beyond the Poverty Mentality with the Business Witch

Come and discover why most spiritual people struggle with the concept of Self Worth, Self Value and the concept of money in general? Come along to learn how to live an enriched life, full of abundance and how to develop your Abundance Mindset. We will go through the 10 Steps to Spiritual Abundance so you can walk away with absolute clarity on what to do in your life to go beyond the poverty mentality of the past.

BRING: Notebook and pen. A workbook will be provided.

8:20AM WOMEN'S CIRCLE - Wayapa Wuurrk Earth Connection by Yoga and Earth Connection with Georgina

Wayapa Wuurrk is an Earth Connection Wellness Practice based on Indigenous wisdom that combines Earth Mindfulness, storytelling, connecting with our ancestors, a physical movement practice of 14 Elements and living in reciprocity with Mother Earth.

BRING: Practice can be done Standing, sitting or lying down Yoga mat Journal

8:20AM COMMUNITY HUB - Workshop healing at home by Ocean Grove Chinese Medicine

How to use simple tools and foods to help heal yourself

BRING: Pen, notebook

8:20AM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

8:20AM THE DEN - What is Consent and how to feel confident to say "NO" (focused on teens but also good for adults) by Liz the Radiance Couch

This interactive workshop will teach you with the tools you need so you can feel confident in starting (or continuing) sexual activity in the way that YOU want. To be able to say "NO" to any activity that doesn't feel good to you, at any stage.

This workshop is not about the morals or society's ideas of the sexuality or sexual activity of young girls/women - it is a judgement free zone.

9AM CRAFT - WATERCOLORS – OPEN EXPRESSION

Want to try your hand at watercolors? This open expression time in the crafting tent allows you to create freely and without rules. We will have some examples but you are free to let your imagination run wild!



Sunday 16th February 2025

9:40AM MAIN STAGE - Chant with Charlotte & friends by White Swan Sound and Yoga

Join Charlotte and Kirsty to celebrate in the sounds of our own voices, both in our individual expression and as a part of a group. This will be a heartfelt session of singing from the heart. The repetition of mantra helps the mind to focus and shifts one into a meditative state. Experience the sound of your own voice amongst others and feel peaceful, joyous, united and connected as you chant mantra. No singing experience required! Charlotte, a senior yoga teacher and Kirtan leader, and Kirsty, an art educator and musician, share a love of music, chanting, fun and bringing people together to feel good! They see chanting as a nurturing practice which can be relaxing, joyous, heart opening and transformative.

BRING: Cushion

9:40AM WORKSHOPS - Healing Journey through the Chakras by Fabiene Lui

Receive Light Language healing and activations as you journey through the Chakras. You will be guided in meditation to rebalance and optimise each chakra as you explore your rainbow body of light.

9:40AM WOMEN'S CIRCLE - Sacred menstruation by Awaken Divine Feminine

Embark on the transformative journey of "Sacred Menstruation: Navigating Your Cycle with Wisdom," where ancient wisdom meets modern understanding. Rediscover the forgotten treasure of a woman's second biological clock—the infradian rhythm—and align with your body's innate rhythms for empowerment and well-being. Drawing upon Star's POWR process—Pause, Opening, Wild, and Reflect—you'll unlock the secrets of your cycle through guided meditation, ritual, and practical wisdom. Don't miss this opportunity to reclaim your cyclical nature and awaken the magic within your menstrual cycle. Join us and embrace the beauty and power of your body's natural rhythms.

BRING: Journal and pen

9:40AM COMMUNITY HUB - Transform your future and graduate successfully into adulthood by Sapling Minds

Embark on a journey to discover the three pillars for your future success – resilience, authenticity, and entrepreneurial spirit. Develop the essential skills and mindset needed to thrive in today's ever-evolving world.

BRING: Notebook

9:40AM THE DEN - Morning Serenity: Guided Relaxation Meditation by Soul Work Co

Start your day with serenity and clarity with a Morning Serenity guided relaxation meditation. Led by certified meditation teacher Melanie, this soothing experience invites you to unwind, center yourself, and set positive intentions for the day ahead. Allow yourself to let go of tension, release stress, and cultivate inner peace as you immerse yourself in the present moment.

BRING: Yoga mat, blanket and pillow is recommended.



Sunday 16th February 2025

10:30AM CRAFT Jewelry Making - by Our Gypsy Collection

This workshop is designed to teach beginners how to wire wrap your own crystals and make them into pendants. Naomi will walk you through the different gauges of wire and tools / materials used to make the pendants and you will leave with your own personal crystal (the chain can be purchased separate direct from Our Gypsy Collection straight after this workshop) that is completely unique just like yourselves! Limited spots available. Please arrive early to avoid missing out. This workshop is repeated twice.

**11AM MAIN STAGE - Working with Spirit - Audience Reading
by The Healing Academy Australia Presenting CONNIE ROSE, Voice for Spirit**

Step into a space of deep connection and heartfelt understanding with Psychic Medium Connie Rose. "Working with Spirit - Audience Readings." This is more than just a presentation; it's a sacred opportunity to experience the love and guidance from beyond. In an atmosphere of warmth and authenticity, Connie Rose will share her gift of mediumship, offering messages of love and support from the spiritual realm and your departed loved ones. These messages carry profound healing and validation for your journey. Come with an open heart and a willingness to receive. Let yourself be embraced by the comforting presence of those who watch over you.

11AM WORKSHOPS - Past Life Journey - Group Session by Tea Leaf Readings

Step into the realm of past lives and embark on a transformative journey with our Past Life group session. Led by Trish Pellen - Master Hypnotist, this session offers a safe and supportive space for exploration and discovery. Through guided meditation and regression techniques, participants delve into their subconscious to uncover glimpses of previous incarnations, gaining insights into unresolved patterns, relationships, and talents from past lives. Whether you're a seasoned explorer or new to the concept, this immersive experience fosters healing, self-awareness, and personal growth. Join us for an unforgettable voyage through time and unlock the mysteries of your soul's journey.

**11AM WOMEN'S CIRCLE - Unlock Transformative Healing with Flower Remedies
by Crystal Aura Tarot**

Join Flower Therapist Natalie Grace, founder of Flower Guide Remedies, for an intimate workshop exploring the transformative power of Bach Flower Remedies! This workshop offers insights into the holistic healing system of Flower Remedies, harnessing the natural wisdom of flowers to restore balance and vitality. Explore how these gentle remedies address emotional imbalances and promote well-being, guiding you on a journey of self-discovery, inner peace and personal transformation.

BRING: Notebook and a pen

**11AM COMMUNITY HUB - Rediscovering Your Identity Amid Life Transitions
by Inspiring Potential Life**

Rediscovering Your Identity Amid Life Transitions is a transformative presentation focused on helping women reconnect with their sense of self during significant life changes. Discover practical tools for self-reflection, establish nurturing self-care routines and set meaningful goals to rediscover your identity and purpose. Empower yourself to navigate life's transitions with confidence and clarity.



Sunday 16th February 2025

11AM YOUTH - Discover the power and magic of your menstrual cycle by DragonFly Alchemy

Our menstrual cycle, our menage, what is it actually, many young women are suffering pain and have a hatred towards their menstrual cycle. They have forgotten to purpose and power of it, of old it was cherished and respected and honoured and now there is shame, guilt, embarrassment, denial of our divine feminine gifts. There is an increase of endometriosis, cysts on ovaries, and infertility that is destroying young women's lives.

11:50AM THE DEN - Alchemy Crystal Sound Bath by Fiona Ross

Experience deep relaxation and reconnect heart, mind & body as you bathe in the pure, vibrational sounds of alchemy crystal bowls, voice, & other sound healing instruments from around the world.

BRING: yoga mat, cushion

12:20PM MAIN STAGE - Mietta LIVE PERFORMANCE

A heartfelt storyteller raised on Boonwurrung Country, the Mornington Peninsula coast, Mietta weaves place, feeling and community in a tapestry of story.

Drawing upon acoustic indie-folk influences, Mietta's earthy tones and grace on stage warm and soften the senses. This gentle soul's stories and sounds invites you to rest, reflect, and tap into place and heart.

A tender and powerful emerging voice in Australian contemporary folk, Mietta has supported the likes of Aussie singer-songwriter and guitarist, Pete Murray, and folk & blues artist, Kim Churchill, as well as our local story weaver, MAXON.

12:20PM WORKSHOPS - How to tune in to your pussy and why you should!

by Liz the Radiance Coach

I'll show you how to use pleasure in all facets of your life to connect to your pussy space. By unlocking your inner radiance, you will be able to work out exactly what it is that your pussy desires AND how to get it. I'll show you how tuning into your pussy space as your guiding force will radically change the way you live your life. By unlocking your inner radiance, you will be able to work out exactly what it is that you desire AND how to get it.

12:20PM WOMEN'S CIRCLE - Group Healing of Mother Earth and The Divine Feminine Cosmos

by Dragonfly Alchemy

Come and join Elycia and Katrina to open up our Star and Soul Chakras, channeling healing into Mother Earth and the Divine Feminine Cosmos. We will then receive messages to help heal our Earth and our Humanity.

12:20PM COMMUNITY HUB - Introduction into Healthy Grieving by Golden Keys Healing

We warmly invite you to our Healthy Grieving Introduction, Interactive Discovery Event What are the benefits will you receive by attending? You will learn how clichés & social customs hinder our ability to grieve healthily which has a negative impact on our mental & physical health & puts strain on relationships. We bring to life new & healthy ways of grieving. These empower yourself to grieve at your pace & most importantly face & move through your grief. This presentation offers a simple & very effective way to move through your grief & find balance in your life again



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12:20PM YOUTH - CHILLOUT ZONE

We have an intimate teen space this year with consists of a glamping tent, cushions and some other seating. Teens can chill in this space away from the hustle and bustle of the festival to chat, relax or even play some tunes on their phones. Teens are welcome to join other workshops as well.

12:20PM CRAFT - PAINT N SIP

Enjoy a craft gathering like no other. This year's theme is a portrait. Can represent yourself, your bestie of whom ever you like

1:20PM MAIN STAGE - Mediumship Demonstration by Jordie Janes Psychic Medium

Join Jordie as she gives a live Mediumship Demonstration.

BRING: Yourself, a chair, cushion or rug to sit on for demonstration.

1:40PM WORKSHOPS - Radical Forgiveness 7 Step Process by Kathy Lovie

Participants will be guided step by step through a Radical Forgiveness Process to experience the freedom, peace, and renewed energy that comes with Radical Forgiveness. You will transmute difficult emotions like anger, fear, and shame into unconditional love, gratitude, and peace

1:40PM WOMEN'S CIRCLES - Women's circle - Connecting with our hearts by Wilderness Within

Connecting with the wisdom of your heart in the safety of sisterhood. We will open our women's circle by calling in the directions to support us, we will then move into a grounding meditation, our talking basket will be passed around the circle giving each woman the opportunity to speak from her heart, Laura will then offer a shamanic drum journey into the heart to receive any medicine that is needed. There will be time to journal any insights and speak about your journey with the woman sitting next to you in circle. No prior women's circle experience needed. We welcome you all beautiful women!

BRING: Cushion, journal & pen

1:40PM COMMUNITY HUB - Embrace Your Full Expression by Bonnie-Lea Elizabeth

Courageous woman, the time has come to set yourself free and lovingly embrace your full expression. Make vulnerability your superpower as a blend of group EFT tapping, meditation and partner-work assists you to break down the barriers to knowing and owning your worth and living your life in your full expression.

BRING: Something to sit on, cushion or yoga mat whatever will make them comfortable. A journal if they wish to write down any take aways or learnings during.

2:20PM MAIN STAGE - AMBER LIVE PERFORMANCE

Join Amber as she takes you on a musical journey with her renditions of famous songs.

Amber's beautiful voice had a lot of her audience in tears at this years Bohemian Summer Festival.

3PM MAIN STAGE - CLOSING CEREMONY WITH DIANA CLARKE

Join us as Diana Clarke from Vibe & Tribe Market / Heavenly and Earthly Things guides us through the Closing Ceremony, a heartfelt conclusion to the Bohemian Summer Festival. Together, we'll reflect on the weekend's journey, share gratitude, and seal the energy of our collective experiences. Through grounding meditation, ritual, and song, we'll honor the connections we've made and set intentions to carry this vibrant energy into our daily lives. Let us come together one last time in unity and celebration.